

PSOARING HIGH: CELEBRATING STRENGTH AND SOLIDARITY THIS WORLD PSORIASIS DAY!

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World Psoriasis Day 2025 took flight with vibrant energy and inspiring stories of resilience as patients, doctors, and advocates came together to celebrate strength beyond skin deep.

The festivities began with a lively fun walk held last October 26, 2025, starting from the Andalucia Sports Complex in Santa Cruz, Manila.



Representatives from the Philippine Rheumatology Association



Participants—from passionate psoriasis warriors to supportive friends, families, and medical societies—marched with pride, proving that every step taken together brings the community closer to awareness and acceptance. Even those from far-flung areas made the journey, showing that distance is no match for dedication and solidarity!

On October 29, the celebration continued with an engaging lay forum on Psoriasis and Psoriatic Arthritis. The Department of Dermatology shed light on psoriasis care and confidence, while the Section of Rheumatology tackled psoriatic arthritis—reminding everyone that joint pains shouldn't dampen one's joy in living fully. Attendees also received free point-of-care uric acid testing, a small but meaningful touch to promote holistic care.



Lecture conducted by Fellows-in-Training from the Section of Rheumatology



Free point-of-care uric acid testing with volunteer UST medical clerks assisting the Fellows

This year's celebration, perfectly captured the spirit of lifting each other up, breaking stigma, and embracing the vibrant lives behind every patch and flare. Because together, the psoriasis community isn't just surviving—it's "ps soaring"!