

PATIENT PARTNERS EDUCATIONAL WORKSHOP

02 October 2023. USTFMS St. Martin De Porres Bldg.

by Marjorie Faye Nierra, MD & Barbara Jane Panopio, MD



HOLISTIC

Aimed to bridge the gap between theoretical knowledge and practical patient-centered care in the field of Rheumatology, UST Rheumatology Section once again conducted the unique Patient Partners Educational Program for medical students and trainees last 02 October 2023 at the UST Faculty of Medicine and Surgery. Through the collaborative efforts of Rheumatology staff and enthusiastic patients with chronic rheumatic conditions, the program provided medical students with a holistic understanding of rheumatology through direct patient interaction and firsthand insights.

PATIENT-CENTERED

The event showcased the pivotal role of patients in medical education. Our beloved patient partners graciously volunteered their time to participate as educators. They shared their personal experiences, perspectives, and the challenges they face on a daily basis. Their invaluable insights allowed medical students to gain a profound understanding of the physical, emotional, and social aspects of living with rheumatic conditions.





INTERACTIVE

Interactive learning allowed the medical students to engage in open discussions with the patient educators. This format encouraged students to ask questions, seek advice, and listen to real-life stories; fostering empathy and sensitivity toward the needs of rheumatology patients. Through hands-on guided sessions, students learned the basic skills of musculoskeletal physical examination from trained and certified patient partner educators who also shared clinical manifestations of different rheumatic diseases, further enriched the learning experience.

EMPOWERING

The event was a resounding success in empowering medical students with a deeper understanding of rheumatic diseases and enhancing the quality of care provided by our future physicians.





UNIVERSITY OF SANTO TOMAS
Faculty of Medicine & Surgery
University of Santo Tomas Hospital (USTH)



The PATIENT is the BEST TEACHER

Workshop

by

PATIENT PARTNERS[®] in Rheumatology

8am-12nn, Monday, 02 October 2023
St. Martin de Porres (Medicine) Bldg.
[Rooms 315, Physiolab, 321]



Learn the art of musculoskeletal exam as you listen to inspiring stories of struggles, triumphs and hope

with the participation of medical students, postgrad trainees in Internal Medicine and Rheumatology, and faculty staff of Medicine II-Module 4

For more information, visit or call USTH Rheumatology Center (02)87313001 local 2393 or email pearl_retfi@yahoo.com

This unique educational program is powered by UST Rheumatology, supported by UST Department of Medicine and Philippine Rheumatology Association. All rights reserved

Feedback from the third year medical students (Medicine 2 - Section D)

How do you find the Patient Partners Workshop?	
46 responses	
How do you find the Patient Partners Workshop?	Helpful
	Very helpful
	It was fun to get to learn from actually patients and realizing that what we read in books are also people who are in great need of help.
	It was very inspiring, I really appreciated the workshop
	Super fan and helpful. Our patients were so approachable and very engaging.
	Very helpful!
	It was very enlightening to actually witness the signs and symptoms we read in our textbooks. We really connected with the patients and were able to empathize with their experiences. We also learned a lot from them.
	Inspiring
	Very engaging experience and thankful for the department to have this opportunity.
How do you find the Patient Partners Workshop?	
46 responses	
How do you find the Patient Partners Workshop?	Very informative and it helps us understand the disease because there is a physical representation that helps us visualize and understand it more.
	It was my favorite event of the first shift. Truly amazing to meet inspiring patients as well as clerks, interns, residents, and consultants.
	Lifetime experience. Had fun that we really interact with the patients and allow us to observe their deformities
	Very insightful
	I would like to send my sincerest thank yous to our patient partners. When they first came in the room, I teared up because I saw how strong and happy they were despite their conditions. It was also my first time to see people with RA and OA, so it really peaked my interest. In that one session, I was able to understand the Rheuma module more. I wish we had it earlier on so I could have gotten better scores in my rheuma quizzes haha but what they taught us and what they talked about really made a mark in my head. Even when I was taking the shifting exams, I would remember what we talked about and what I saw from that day. It was the greatest activity and I hope we have more activities like these in med 2! Thank you Doctors!
How do you find the Patient Partners Workshop?	
46 responses	
How do you find the Patient Partners Workshop?	My heart is moved. It's a very fulfilling and heartwarming experience to be able to see these patients.
	It was an eye opener, I appreciate the time the patient's time they shared to us and I hope they continue on to be strong, and be able to spread awareness to their disease.
	It was an eye-opener for me
	I found it insightful, the patients were experts in their own right and allowed us to do the musculoskeletal exam and experience findings that we would typically only read about on books so far. Aside from this, I found it inspiring how positive they are and interesting to listen about how they cope with their illness.
	Inspiring because i learned from not only the patient partners but also the other medical staff regarding main treatments for rheumatoid arthritis
	Productive and Engaging
	fun and informative
How do you find the Patient Partners Workshop?	
46 responses	
How do you find the Patient Partners Workshop?	I find it very interesting
	Very fulfilling to see actual patients living relatively well, despite their conditions. They are also very high yield teachers! Lots of learnings from them as they are the real life examples of cases we only get to read in books
	Very helpful in visualizing the manifestations of the disease itself. It was really different learning from actual patients than in reading the books
	It was enlightening, as this was one of the first patient we have met face-to-face, who are actually diagnosed with the relevant disease (according to our module)
	Wish we had more patient partners workshop bc we were able to understand the manifestations of the diseases more from it
	Very inspiring and allowed me to remember rheumatology concepts better since we were immersed with the life of our patient partner
How do you find the Patient Partners Workshop?	
46 responses	
How do you find the Patient Partners Workshop?	I found it very enlightening and inspiring. Our group was assigned to Ma'am Elyn and Myrna. When Doc Li-Yu pointed out that Ma'am Myrna found difficulty in turning her head when her name was called, it really made me realize that observation goes a long way, that even the most minute gestures can tell you things about the patient. I also learned a lot from Dr. Zamora and the fellow in attendance.
	I learned a lot and it was a new experience
	I found the Patient Partners Workshop so very effective and enthusiastic because we were able to see the condition of those patients in real life who have rheumatoid and psoriatic arthritis and what is more interesting was that they were the ones who are teaching us particularly the rapid musculoskeletal exam. The patients were really versatile on how to conduct this exam.
	very helpful
	Seeing patients burdened with these rheumatologic diseases this early into our medical journey allows us to develop a greater compassion towards our future patients.