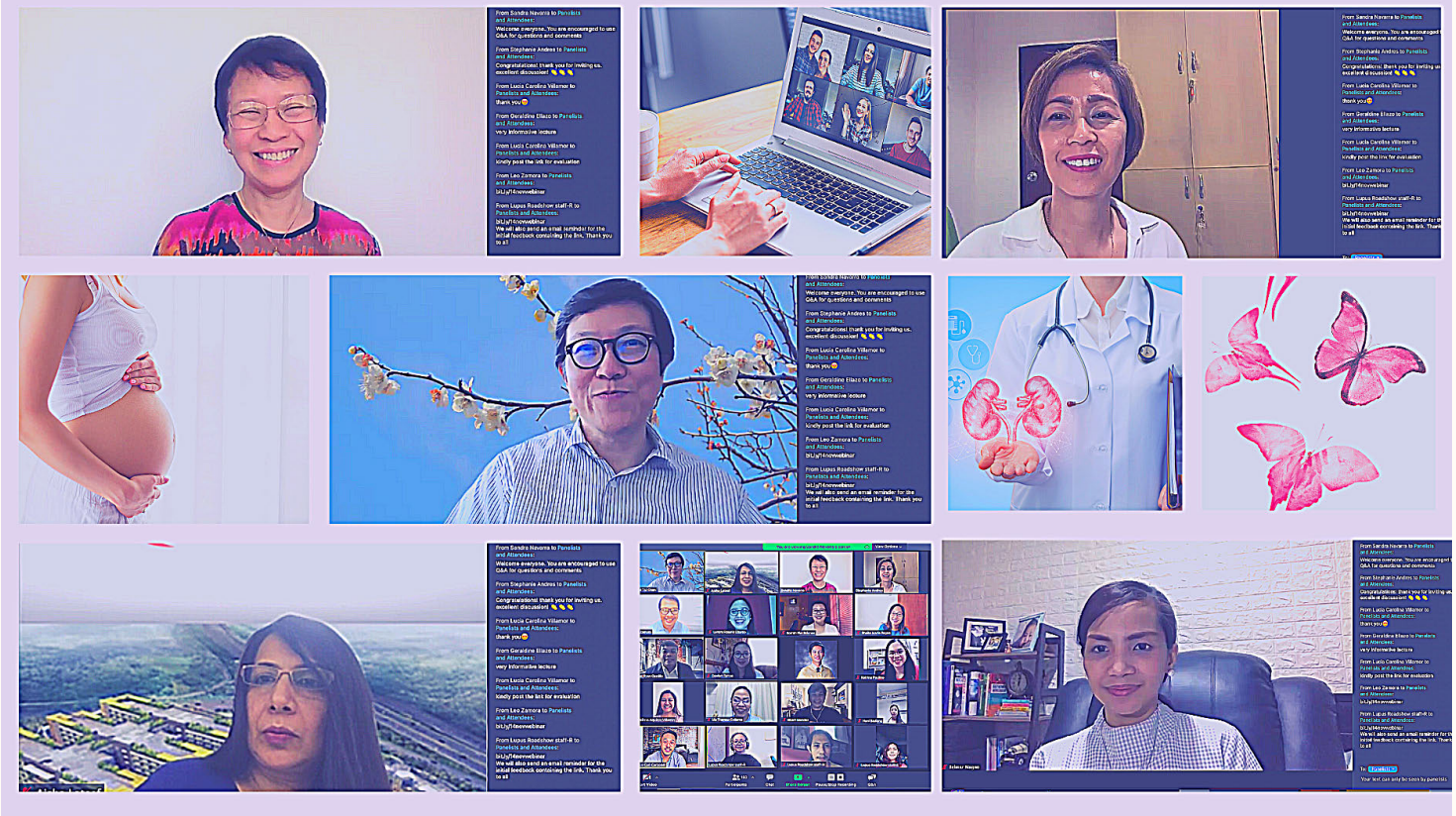


FORGING ALLIANCES IN LUPUS

LUPUS ROADSHOW 2020 Lupus Nephritis in Pregnancy

WEBINAR SERIES 14 NOVEMBER 2020



Program:

8-9 AM Plenary

Updates in Lupus Nephritis

Dr. Sandra V. Navarra

Rheumatology, University of Santo Tomas

Dr. Daniel TM Chan

Nephrology, Hong Kong University

1-3 PM Case Discussion

35F Lupus Nephritis: Edema, Hypertension in Pregnancy

Dr. Daniel TM Chan

Nephrology, Hong Kong University

Dr. Aisha Lateef

Rheumatology, Woodlands Health Campus Singapore

Dr. Belmar Magno-Mendiola

OB-GYN, University of Santo Tomas

UPDATES IN LUPUS NEPHRITIS

Lupus nephritis is one, if not the most dreaded complication of SLE. Rheumatologists are always on the lookout for signs or symptoms hinting that their patient is developing nephritis. For a lot of patients, being diagnosed with lupus nephritis can feel insufferable and discouraging. Most of them think that living with lupus is already difficult enough and now they have a whole new set of issues to deal with. When SLE affects your kidneys and goes untreated, it may lead to end-stage renal disease, which would require costly and often grueling dialysis sessions. Not to mention all the complications that go with it.

The management of lupus nephritis has evolved over the years. This has been the topic of discussion during the morning's plenary session. Dr. Sandra V. Navarra gave updates how to manage the challenging facets of lupus nephritis. She discussed the role of emerging induction therapies like Rituximab and multi-target regimens involving calcineurin inhibitors. She also touched base on other B-cell targeted therapies, Belimumab and Obinutuzumab. She reminded everyone that there is a no one-size-fits-all regimen for lupus patients with nephritis. Treatment has to be individualized for better results.

After her lecture, the team has been very fortunate to have with them Dr. Daniel TM Chan, a nephrologist from Hong Kong University. Dr. Sorrah Fiel Briones moderated the forum so the panelists could answer any grueling questions the attendees may have regarding the topic.

Dr. Chan together with Dr. Navarra offered tips and tricks of the trade as one would call it, on dealing with the labyrinthian task of maneuvering the issues presented by refractory lupus nephritis.

There is still a long way to go with regards to therapies on lupus nephritis. These updates are a welcome development which would delight both the rheumatologists and their patients.

LUPUS ROADSHOW 2020 WEBINAR SERIES *Forging Alliances In Lupus*

14 November 2020 8-9 AM Plenary **1-3 PM CASE DISCUSSION**

35F Lupus Nephritis: Edema, hypertension in Pregnancy

FACULTY

Dr. Daniel TM Chan
Nephrology, Hong Kong University

Dr. Aisha Lateef
Rheumatology, Woodlands Health Campus - Singapore

Dr. Belmar T. Magno-Mendiola
Obstetrics, University of Santo Tomas

Case Writer - Presenters

Dr. Daniel Ryan C. Castillo
Dr. Alejandro O. Arivan

Dr. Danilyn Torres-Morado
Dr. Katrina Paulino

Chairpersons

Dr. Lenore R. Lague-Lizardo
Dr. Sorrah Fiel R. Briones
Dr. Sandra V. Navarra

Logos: LUISA, LupusAcademy, and a circular logo.

Clinical information have been modified to protect the patient's privacy. Consent is provided by patient to use the data for medical education.

35F LUPUS NEPHRITIS: EDEMA, HYPERTENSION IN PREGNANCY

The morning’s discussion dealt with the intricacies of having lupus complicated with nephritis. Add pregnancy to the mix and you have a recipe for headache. That would be the main topic of discussion during the afternoon’s session. Dr. Alejan Arivan, a medical resident presented the case of a 35 year old lupus patient who had a problematic follow-up history presenting with a nephritic flare. What made it more problematic was that the patient came in for consult after a long time of not seeing her rheumatologist with news of an unplanned pregnancy.

Dr. Danilyn Torres-Morado, a first year rheumatology fellow continued the discussion and gave everyone a refresher on how to successfully plan a pregnancy when you have lupus and to distinguish pre-eclampsia from a lupus nephritis flare as well as the medications which should be avoided and which can be used for pregnant lupus patients.

Dr. Lenore Lague-Lizardo moderated the session where she also gave her insights on the pathogenesis and management of lupus nephritis. She being both a rheumatologist and a nephrologist, her inputs were very facilitative in guiding the discussion.

Dr. Katrina Paulino, a medical resident and Dr. Daniel Ryan Castillo continued the discussion and recounted the arduous course of the patient, narrating how the patient is currently on almost daily hemodialysis and how there case presented as a challenge to the whole management team.

The discussion was filled with vital information because aside from Dr. Belmar Magno-Mendiola, a fellow of Maternal and Fetal Medicine from the Department of Obstetrics and Gynecology, who chronicled how they navigated the challenges of dealing with this case, present also was Dr. Aisha Lateef, a rheumatologist from Woodlands Health Campus Singapore. Dr. Aisha Lateef is the head of a clinic which specializes on the reproductive needs of patients with lupus. And also, Dr. Daniel TM Chan joins the discussion to again shed light on issues relating to lupus nephritis in pregnancy.

Indeed it was a prolific day for everyone who attended. And it’s only halfway through the series. Everyone wouldn’t want to miss all the succeeding webinars because a lot is still in store for them. Congratulations to all organizers for a job well done.

8-9 AM
128 attendees

1-3 PM
194 attendees

A screenshot of a Zoom meeting grid with 16 participants. The participants are arranged in a 4x4 grid. The names of the participants are: Daniel TM Chan, Aisha Lateef, Sandra Navarra, Stephanie Andres, Leo Zamora, Lenore Rosario Lizardo, Sorrah Fiel Briones, Sheila Marie Reyes, Daniel Ryan Castillo, Danilyn Torres, Katrina Paulino, Melissa Aquino-Villamin, Ma Theresa Collante, Elbert Mendez, Hani Badiang, Martin Carl Carbonel, Lupus Roadshow staff-R, Lupus Roadshow staff-M, and Lupus Roadshow staff-E. The Zoom interface at the bottom shows 150 participants, chat, share screen, and other controls.

The incredible team behind this webinar session together with Dr. Daniel TM Chan and Dr. Aisha Lateef