







## **FORGING ALLIANCES in LUPUS:**

## **LUPUS ROADSHOW 2020**

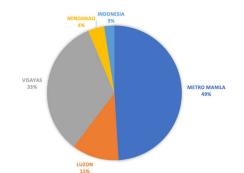
WEBINAR SERIES

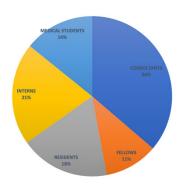
## **Series 2: PREGNANCY in LUPUS**

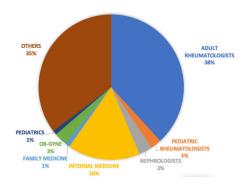
17 October 2020 By: Elbert DG. Mendez



orging alliances, a theme substantiated by the second series of the Lupus Roadshow webinar held last 17 October 2020, 1-3 PM. It was another fruitful Saturday afternoon when a multidisciplinary case was presented in collaboration with diverse experts from their field of specialties. The webinar was overwhelmed with support from 204 attendees consisting of consultants, fellows, residents, interns, and medical students coming from all over the Philippines and now extending to our colleagues from Indonesia.









It started off with a course refresher from Dr. Maria Eizelle M. Fernandez, active rheumatology consultant from De La Salle University Medical Center, about generalities and important aspects of pregnancy in SLE. She tackled on SLE flares during pregnancy, especially focusing on its differentiation from changes in pregnancy and pre-eclampsia, as well as maternal and fetal complications, a brief review on anti-phospholipid syndrome, neonatal lupus, and important medications.

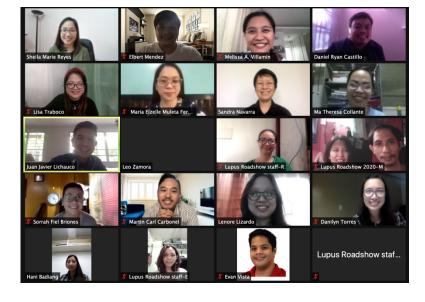
After a breaking lecture from Dr. Fernandez, the attendees were delighted by a successful story of pregnancy proving that even in complexities, there's a huge hope for lupus patients. The case was shared by our expert panel, Dr. Ditas D. Decena, former president of the Philippine Obstetrical and Gynecological Society (POGS) and active consultant in UST Hospital, as they discussed the patient's multidisciplinary management prior to conception until after birth. Poll questions were also fondly answered and became the central point of discussion.





Interestingly, a plot twist towards the end revealed that the baby was born with glucose-6-phosphatase (G6PD) deficiency, an inborn metabolic disease causing hemolysis after exposure to some medications including hydroxychloroquine. Although, not directly related to lupus, issues tackled were that of lactation and medications. Reaction about the twist and issues were delivered by our surprise pediatric rheumatology panelist, Dr. Ma. Theresa M. Collante, an active consultant from UST Hospital.





Kudos to the organizing committee of this day's webinar, Dr. Lisa S. Traboco and Dr. Sheila Marie M. Reyes (SLMC-QC Rheumatology Consultants), case-writer Daniel Ryan C. Castillo (USTH Rheumatology Fellow), and presenter Dr. Sarah Jane T. Chavez (USTH Medical Resident), for an excellent and successful event. Majority of the participants gave positive feedbacks from presenters to presentation. More of this in the upcoming series on November 14, 21, and 28, and December 5 and 12, where we will be introduced into more twists and turns of SLE.



With great gratitude, we would like to acknowledge the endless support and efforts of all organizers and speaker, especially the Lupus Academy, Lupus Inspired Advocacy (LUISA)
Rheumatology Educational Trust Foundation, Inc. (RETFI), and Philippine Rheumatology Association (PRA). We would also like to extend our gratitude Astellas Pharma Philippines, Inc.
for providing an independent educational grant.