

IM-RHEUMACON

Rheumatology Fellows | Medical Residents | Clinical Clerks | Dr. Sandra Navarra

Planet or Plastic?

To quote Dr. Navarra at the conferment of the Doña Victoria Ty Tan Professorial Chair in Medical Education, "...a weekly exercise among medical seniors to choose between planet or plastic, I am incessantly amazed and thrilled at the sheer energy and creativity with which they express themselves. This video produced by one group particularly stands out..."



"I am hopeful and confident it will be the Millennials and Generation Z who will ultimately save Mother Earth!"

This video culminated the IM-Rheuma conference held on Saturday 21 December 2019, where the clinical clerks, residents and fellows joined in to sing "Under the Sea", with lyrics changed from the the original 'Little Mermaid' movie, to reflect our shared advocacy to choose planet over plastic.



Learning never stops

Every Saturday morning, at 7:00 AM, the UST Section of rheumatology holds its weekly Internal Medicine (IM) Rheumatology Conference at the Angelo King Auditorium at the second floor of the UST Hospital Clinical Division. These are participated in by rheumatology consultants, rheumatology fellows, medical residents, interns and clerks. The session features interesting rheumatology cases, presented and discussed by trainees with inputs from the consultants.



Acknowledgement:**Medical seniors who presented and discussed the case:**

Galapon, Camille Joy

Gagarin, Rochelle Angela

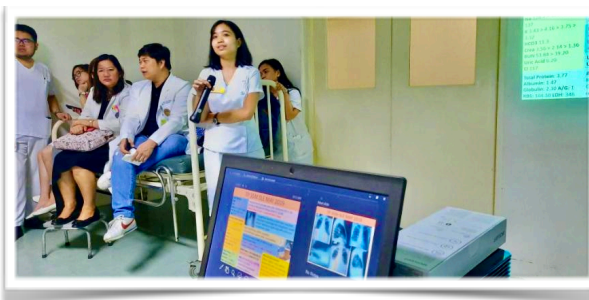
Nghayon, Hannako

35M with Lupus Nephritis: Key discussion point

1. Lupus Nephritis
2. Acute Kidney Injury
3. Renal Tubular Acidosis
4. Pneumonia in the immunocompromised
5. Pleural Tuberculosis

A series of unfortunate events

When the usual venue (Angelo King audiovisual room) was unexpectedly not available at 7:00 AM, the consensus was that the “show must go on”. Thus, it is said that a resourceful spirit makes anything possible. And that spirit led all to improvise a vacant room at the hospital ward (Room 202) as a conference room. The bare wall of room 202 had also become the improvised projection screen and the empty beds became the seats on which the students rested their weary but eager selves as they sat and participated in the discussion. The clerks then presented and the case of a lupus patient with active nephritis who was admitted for acute kidney injury (AKI) due to dehydration and high grade fever. The ensuing discussion focused on 1. classes of lupus nephritis and its impact on clinical decision making, 2. acute kidney injury (AKI) and its management 3. Establishing the diagnosis of renal tubular acidosis (RTA) in a patient with hypokalemia and low serum bicarbonate, distinguishing among the classes of RTA. 4. AKI and renal dose adjustment of medications 5. Special considerations on tuberculosis in SLE. As complicated as the case was, Dr. Navarra - as always - excellently



moderated the entire session with much gusto and bravado that her voice resonated within the four walls of the ‘conference’ room, catching everyone’s full and undivided attention. What was

intended to be a formal lecture became a highly interactive session - with several learnings to take home from one patient.

