

**“See further by standing on the shoulder of giants...”**

## ***A moment with the Thomasian Trailblazers***

### **Wisdom from the Pillars and Living Legends**

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“Trailblazer” is a person who marks or prepares a trail through a field for other people to follow. They are the pillars in the medical field who have successfully conquered challenges. “See further by standing on the shoulder of giants...” a moment with the Thomasian trailblazers, wisdom from the pillars and living legends, and the people behind the success of medical community in UST Hospital.

The program was spearheaded by Department of Medical Education and Research (DMER), hosted by Dr. Marcellus Francis Ramirez (USTH medical director) and Dr. Aileen Cynthia De Lara (USTH DMER chair). It was no other than Dr. Torralba, who as medical director of the UST Hospital established the “Trailblazer” legacy - recognizing and celebrating the lives and wisdom from the pillars and living legends.

May 5, 2009: Prof Tito P. Torralba was recognized by the Philippine College of Physicians as Trailblazer in the field of Rheumatology. Now he has once again outdone himself – as trailblazer of all trailblazers!

The program turned out to be a fun-filled talk show relating very well to the largely young audience of trainees and junior consultants. The Thomasian trailblazers avidly shared their fondest moments and personal challenges in their respective fields. Indeed, their lives are an inspiration to us younger generation - to excel in every aspect of life's undertakings.



Left to Right: Dr. Samuel Ang (Surgery), Dr. Juan Torres Jr. (Nuclear Medicine and Internal Medicine) Dr. Tito Torralba (Internal Medicine), Dr. Imelda Jaucian (Pediatrics), Dr. Aurora Bauzon (Pediatrics), Dr. Angeles Tan-Alora (Internal Medicine), Dr. Sol Alvarez (Internal Medicine), and Dr. Cresencio Abes (Surgery)





# TO EXCEL

*To Excel is to continually perform.  
Not for a moment or moments, nor for a day or days  
but day after day, month after month,  
and make that uncommon performance look common place.*

*To Excel is to take the inner drive of competition  
and not only to embrace it, but master it.  
It is no wonder then, that when one truly excels,  
one is known for excellence.  
It cannot be taught or legislated or willed into existence.  
It must come from the very depths of an individual's  
desire to be the best!*

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*Author Unknown*



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