

PEARL ACTIVITY

**LUPUS PATIENTS DANCE THE
ZUMBA**

**THE ART OF MAKE UP IN LUPUS
PATIENTS**

**TEACHING BAKING ON LUPUS
PATIENTS**

**HAPPY BIRTHDAY DR. SANDRA
NAVARRA !!!**



PEARL

**PEOPLE EMPOWERMENT
FOR ARTHRITIS AND LUPUS**

OCTOBER 11, 2015

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UST Rheumatology

ST. LUKE'S MEDICAL CENTER

279 E. Rodriguez Sr. Boulevard, Quezon City,
Metro Manila



The PEARL activity was held on October 11,2015 at St. Luke's Medical Center Quezon City.

Early in the morning, SLE patients along with the Rheumatology fellows from UST and St. Luke's Medical Center danced the famous dance Zumba. Afterwards two events were held simultaneously.

The two events were a baking class and cosmetic class.

A women's greatest asset is her beauty
- Alex Comfort

The Cosmetic Class teaches Lupus patients how to do make up.

***The make-up artist with the Rheumatology fellows
Dr. Shiela Reyes (St. Luke's) and Dr. Elaine Venegas
(UST).***



*Cookies were much better eaten then sold, and
they were best homemade - Jesse Haubert*

The baking class teaches patients with (UST)



Lupus how to bake brownies.

The Master Baker with Dr. Eizelle M. Fernandez



*There will always be ladies who lunch. Always. And
you aren't getting older, you get better. Elina Strick*



LUNCH!!!

*While we are eating lunch we are serenaded by
a duet song number performed by Dr. Imee
Esquibel and Mr. Juan Edar (husband of Dr.
Joy Edar) to the tune of “ Bakit Ngayon Ka
Lang?”.*

The event was capped with a birthday greeting to Dr. Sandra Navarra, chairman of UST Rheumatology Department and founder of the PEARL program.

HAPPY BIRTHDAY MAMA!!!





