

## PEARL ACTIVITY

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**LUPUS PATIENTS DANCE THE  
ZUMBA**

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**THE ART OF MAKE UP IN LUPUS  
PATIENTS**

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**TEACHING BAKING ON LUPUS  
PATIENTS**

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**HAPPY BIRTHDAY DR. SANDRA  
NAVARRA !!!**



# PEARL

**PEOPLE EMPOWERMENT  
FOR ARTHRITIS AND LUPUS**

**OCTOBER 11, 2015**

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**UST Rheumatology**

### **ST. LUKE'S MEDICAL CENTER**

279 E. Rodriguez Sr. Boulevard, Quezon City,  
Metro Manila



***The PEARL activity was held on October 11,2015 at St. Luke's Medical Center Quezon City.***

***Early in the morning, SLE patients along with the Rheumatology fellows from UST and St. Luke's Medical Center danced the famous dance Zumba. Afterwards two events were held simultaneously.***

***The two events were a baking class and cosmetic class.***

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*A women's greatest asset is her beauty*  
*- Alex Comfort*

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***The Cosmetic Class teaches Lupus patients how to do make up.***

***The make-up artist with the Rheumatology fellows Dr. Shiela Reyes (St. Luke's) and Dr. Elaine Venegas (UST).***



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*Cookies were much better eaten than sold, and they were best homemade - Jesse Haubert*

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***The baking class teaches patients with (UST)***



***Lupus how to bake brownies.***

***The Master Baker with Dr. Eizelle M. Fernandez***



*There will always be ladies who lunch. Always. And  
eventually the older, the longer better. Elina Stretch  
Elina Stretch*



**LUNCH!!!**

*While we are eating lunch we are serenaded by  
a duet song number performed by Dr. Imee  
Esquibel and Mr. Juan Edar (husband of Dr.  
Joy Edar) to the tune of “ Bakit Ngayon Ka  
Lang?”.*

*The event was capped with a birthday greeting to Dr. Sandra Navarra, chairman of UST Rheumatology Department and founder of the PEARL program.*

**HAPPY BIRTHDAY MAMA!!!**





