

Back to Basics with Rheumatology (1st Post-Graduate Course Makati Medical Center Section of Rheumatology) by Francis Martin T. Cuenco, MD

Last May 25, 2017, some of the rheumatology fellows of USTH attended the 1st post-graduate course of the section of Rheumatology of Makati Medical Center entitled “Back to Basics with Rheumatology”. It was held at 8th floor Auditorium Tower 2 of Makati Medical Center. It was an opportunity especially for the new fellows to learn fundamental concepts in Rheumatology. It was also a chance to be acquainted to other rheumatology fellows-in-training and rheumatology consultants of different hospitals. Dr. Jose Paulo P. Lorenzo, section head of Rheumatology, and Dr. Noel R. Rosas, chairman of department of medicine of Makati Medical Center, welcomed the participants of the post-graduate course.

One of our consultants, Dr. Evan Glenn S. Vista, started the post-graduate course with a breakfast symposium on the topic “Differentiating Low Back Pain and Ankylosing Spondylitis”. He was followed by Dr. Juan Javier T. Lichauco from St. Luke’s Medical Center who discussed musculoskeletal history and physical examination. During the break, there were booths and exhibits for the participants to visit. One of the graduates of the rheumatology training program of Makati Medical Center, Dr. Miguel Antonio C. Cristobal, delivered a talk on essentials of diagnostic testing in Rheumatology. A clinical nutritionist and internist from Makati Medical Center, Dr. Maricar M. Esculto gave a discussion on diet and rheumatic diseases.

During the lunch symposium, Dr. Eric Jason B. Amante of the Philippine General Hospital discussed Golimumab in rheumatoid arthritis. Dr. Rogelio A. Balagat, a rheumatologist and a dermatologist talked about rheumatologic manifestations of the skin. The last topic was renal involvement in rheumatologic conditions. It was discussed by our own graduate Dr. Lenore Rosario Lague-Lizardo, a nephrologist and a rheumatologist. The closing remarks were given by Dr. Augusto O. Villarubin to end the post-graduate course. It was indeed a fruitful day!

